

Hill's Gymnastics Gems, LLC

WAIVER AND RELEASE OF LIABILITY 5/18/20

As the parent or legal guardian of the listed gymnast(s), I hereby consent to the named person(s)

Child/children's names

Date of Birth

Age(s)

Gender.

M / F

Participating in the programs offered by Gymnastics Gems (Hill's Gymnastics Gems, LLC) (hereafter Hill's Gymnastics Gems). I recognize that potentially severe injuries including virus, sprains, broken bones, paralysis, or death can occur in any activity involving height or motion, including gymnastics. I UNDERSTAND AND ACCEPT THIS RISK. I have additionally communicated this risk to my child participant. I also realize that my child will be performing and training on all gymnastics events and devices including the air trak. In consideration for my child to use the facilities I on behalf of my child and our respective heirs, administrators, executors, and successors, hereby forever release, and covenant not to sue Hill's Gymnastics Gems, it's officers, directors, employees, volunteers, and all others associated with the Hill's Gymnastics, LLC and if applicable, owners and lesser, on which the activities takes place, for any and all damages and injuries suffered by my child or myself while under any instruction, supervision, or control of Hill's Gymnastics Gems. I hereby agree to individually provide for all present and possible future medical expenses which may be incurred by my child as a result of any injury sustained while participating at any event travel or at a Hill's Gymnastics Gems facility. I will inform the coach of any medical concerns before each class. I give Hill's Gymnastics Gems permission to administer minor first aid, and if deemed necessary 911 will be called and so will the parents of the child. Also, I Understand that Hill's Gymnastics Gems retains the rights to use any photographs, video tapes, motion pictures, recordings, or any other records of events for publicity, advertising, or any other legitimate purposes.

I further realize that while payment of tuition fees constitutes a part of the consideration due to Hill's Gymnastics Gems, for allowing my child to use the facilities and equipment at Hill's Gymnastics Gems, an additional part of the consideration is this signed release form.

Therefore, in consideration for allowing my child to use the Gymnastics equipment and facilities, I hereby release Hill's Gymnastics Gems, LLC its owners, officers, employees, teachers coaches volunteers from all liability for any and all damages, illness and injuries suffered by my child while under the instruction, supervision or control of Hill's Gymnastics Gems, its owners, officers, employees, teachers or coaches, volunteers.

As the parent or legal guardian of the aforementioned person(s), I hereby agree to individually protect for the possible future medical expenses which may be incurred by my child as a result of any injury sustained while training at, for or under the direction of Hill's Gymnastics Gems, In addition, I confirm that my child has been examined by a physician who has cleared them for unrestricted participation in these activities.

This acknowledgment of risk and waiver of liability, having been read thoroughly and understood completely, is voluntarily signed as to its content and intent. All gymnasts must have medical insurance please list
Medical insurance company

Policy

PANDEMIC WAIVER

Hill's Gymnastics Gems, will take every precaution and follow all guidelines for cleaning and social distancing. While we take our responsibility to your family seriously, we can in no way guarantee that you or your child will not contract a virus while in our facility.

Hill's GYMNASTICS Gems + students / parents RESPONSIBILITIES:

Place all personal items in a bag upon arrival do not bring extra items toys and do not share anything with other children.

- Making sure all who enter and leave have used hand sanitizer. Wash hands and feet at the beginning of class before going out on the floor.
- We, Hill's Gymnastics Gems will Clean before in between, during and after all classes. The use of products will include bleach, Lysol and other cleaning products. We cannot guarantee a child may not come in contact with any of these products.
- Temperature checks of employees and gymnasts as needed.
- Social distancing guidelines will be followed.

• No contact- Spotting will not be available unless in case of preventing an injury. _____ initials
Contact for assisting with an injury we will have gloves and a mask

- Smaller class sizes with distancing or private lessons.
- We are not requiring or denying coaches the option to wear face masks, their option for distanced coaching.
- Any child under age 5 (kindergarten age) parents must remain on premises for classes at our facility.

Policies

PARENT/CHILD RESPONSIBILITIES:

• Gymnast will not attend class if they have had a fever or cough in the last 24 hours. A sick child will be sent home immediately. Parents will not enter gym if sick within the last 24 hours.

Please confirm No one in your household has any upper/ lower respiratory infection or symptoms of a virus in the last 15 days. _____ initials

• There will be very limited parent viewing area at this time. 1 adult per family.

Please Text when you arrive. I will open doors greet and ask a few health questions before entry.

• Parents Walk gymnasts to the front door. Gymnasts will not be allowed in until the start of their class. Please adhere to the times of class. Do not drop gymnasts off to wait by themselves.

• Arrive with hair up, leotard on and a water bottle marked with your gymnast's name.

Bring a plastic zip lock for chalk for the bars place child's name on it.

*Bring gym shoes and cover up if we warm up condition outside.

• Use of water dispenser will be prohibited at this time - I will have water that I can pour into a paper cup if need be. Bring a water bottle with name labeled.

• Pick ups, Please arrive on time. Students will be waiting while establishing distance from each other. Also I'll need time to clean before the next group or lesson arrives.

• Gymnasts will not be able to touch other gymnasts or coaches, no hugs high fives -no contact. Social distancing Air hugs and air fives will be promoted.

• Payment must be made in advance to maintain space within class preferably utilizing on-line payment.

Or place payment in an envelope leave in designated place for front desk to verify payment.

• You may send your child wearing a face mask if you choose - keep in mind it could slip off during tumbling etc. and be a hazard, maybe wear when walking in or out or movement to from other stations when near other gymnasts /coaches.

• There will be make up classes or credits but no refunds will be given for missed classes. If need be cancel and reschedule.

• Please talk with your child about the importance of listening to their coaches follow all safety guidelines.

• We will be starting back gradually so it will take some time to get back to where we were before the closures with our gymnastic skills and strength - remember safety first.

• *allergies food or latex

• _____

• Medical concerns we need to be aware of _____

• _____

I have read and understand this Membership Contract and it is being signed voluntarily. I agree to the above Membership Contract in its entirety.

Parents signature:

Date:

Email:

Home mailing address:

Parents contact information:

Phone cell

Phone home

*In an emergency / contact relationship

Photo release _____ initials

Video release _____